



UNC CFAR Social and Behavioral Science Research Core SABI Database

INSTRUMENT TITLE: *Condom Self-Efficacy Scale (CUSES)*

SOURCE ARTICLE: Brafford, L. J., & Beck, K. H. (1991). Development and validation of a condom self-efficacy scale for college students. *Journal of American College Health*, 39(5), 219-225.

RESPONSE OPTIONS:

1. Strongly agree (Always) 2. Agree {Often) 3. Undecided 4. Disagree (Seldom) 5. Strongly disagree (Never)

SURVEY ITEMS:

1. I feel confident in my ability to put a condom on myself or my partner. _____
2. I feel confident I could purchase condoms without feeling embarrassed. _____
3. I feel confident I could remember to carry a condom with me should I need one. _____
4. I feel confident in my ability to discuss condom usage with any partner I might have. _____
5. I feel confident in my ability to suggest using condoms with a new partner. _____
6. I feel confident I could suggest using a condom without my partner feeling "diseased". _____
7. I feel confident in my own or my partner's ability to maintain an erection while using a condom. _____
8. I would feel embarrassed to put a condom on myself or my partner. _____
9. If I were to suggest using a condom to a partner, I would feel afraid that he or she would reject me. _____
10. If I were unsure of my partner's feelings about using condoms, I would not suggest using one. _____
11. I feel confident in my ability to use a condom correctly. _____
12. I would feel comfortable discussing condom use with a potential sexual partner before we ever had any sexual contact (e.g. hugging, kissing, caressing, etc.) _____
13. I feel confident in my ability to persuade a partner to accept using a condom when we have intercourse. _____
14. I feel confident I could gracefully remove and dispose of a condom when we have intercourse. _____

TERMS OF USE:

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

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15. If my partner and I were to try to use a condom and did not succeed, I would feel embarrassed to try to use one again (e.g. not being able to unroll condom, putting it on backwards, or awkwardness). _____
16. I would not feel confident suggesting using condoms with a new partner because I would be afraid he or she would think I've had a homosexual experience. _____
17. I would not feel confident suggesting using condoms with a new partner because I would be afraid he or she would think I have a sexually transmitted disease. _____
18. I would not feel confident suggesting using condoms with a new partner because I would be afraid he or she would think I thought they had a sexually transmitted disease. _____
19. I would feel comfortable discussing condom use with a potential partner before we ever engaged in intercourse. _____
20. I feel confident in my ability to incorporate putting a condom on myself or my partner into foreplay. _____
21. I feel confident that I could use a condom with a partner without "breaking the mood." _____
22. I feel confident in my ability to put a condom on myself or my partner quickly. _____
23. I feel confident I could use a condom during intercourse without reducing any sexual sensations. _____
24. I feel confident that I would remember to use a condom even after I have been drinking. _____
25. I feel confident that I would remember to use a condom even if I were high. _____
26. If my partner didn't want to use a condom during intercourse, I could easily convince him or her that it was necessary to do so. _____
27. I feel confident that I could use a condom successfully. _____
28. I feel confident I could stop to put a condom on myself or my partner even in the heat of passion. _____

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